



Government of Jammu and Kashmir

**DEPARTMENT OF HEALTH AND MEDICAL EDUCATION
OFFICE OF THE PRINCIPAL
GOVERNMENT MEDICAL COLLEGE BARAMULLA**



Kanth Bagh, Baramulla, Jammu and Kashmir - 193101

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URGENT

(C I R C U L A R)

Dr. Tajamul Hussain , Head of Department Psychiatry, Government Medical College Baramulla shall deliver a Lecture cum counseling session on "Stress Management" for the students of this college as per the time table mentioned below at Lecture Hall No: 1:-

1. 1st year MBBS students Batch 2021 09-06-2022 (Thursday) at 1.00 pm to 1.30 pm
2. 2nd year MBBS students Batch 2020 09-06-2022 (Thursday) at 1.30 pm to 2.00 pm
3. Pre-final year MBBS students Batch 2019 10-09-2022 (Friday) from 1.30 pm to 2.00 pm

All the students concerned are required to attend this important counseling class as per the above schedule.


(Dr. ~~Mir~~ Waseem)
Registrar Academics

No: GMC/Bla/Acad/ 1139-46.

Dated :- 07-06-2022 .

Copy to the :-

1. Principal/Dean, Government Medical College Baramulla for information
2. All HOD's concerned for information
3. Chairman Academics, GMC Bla for information
4. Chairman MEU for information
5. Chief Warden, for information
6. I/C Website for information
7. All Class Representatives for information and n/action
8. All notice boards for general information of the students