



GOVT. MEDICAL COLLEGE BARAMULLA

POST GRADUATE DEPARTMENT OF GENERAL AND MINIMAL ACCESS SURGERY

surgerybla@gmail.com



Duty Roster Of Senior Residents for the Month of February 2026 (w.e.f 09/02 to 28/02/26)

DATE AND DAY	OPD.	OT	CW24	A&E	POST NIGHT
09/02-MON	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT
10/02-TUE	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ	DR JAHANGIR
11/02-WED	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ
12/02-THU	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO
13/02-FRI	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ
14/02-SAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT
15/02-SUN	-----	DR GN GUROO	DR GN GUROO	DR ISHFAQ	DR JAHANGIR
16/02-MON	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ
17/02-TUE	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO
18/02-WED	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ
19/02-THU	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT
20/02-FRI	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ	DR JAHANGIR
21/02-SAT	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ
22/02-SUN	-----	DR SHOWKAT	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO
23/02-MON	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ
24/02-TUE	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT
25/02-WED	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ	DR JAHANGIR
26/02-THU	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO	DR ISHFAQ
27/02-FRI	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ	DR GN GUROO
28/02-SAT	DR GN GUROO	DR ISHFAQ	DR JAHANGIR	DR SHOWKAT	DR ISHTIYAQ

- NOTE:** 1. Dr Showkat will be on duty (Casualty + Ward 24 hrs) with Dr Ishfaq on 06/02/2026.
2. Dr GN Guroo will be on duty (Casualty + Ward 24 hrs) with Dr Ishtiyag on 07/02/2026.
3. No Exchanges allowed without prior permission from Head of the Department.

Dr. Mehmood Rashid
MS (General Surgery)
HoD General Surgery
GMC Baramulla J&K

HEAD

DEPARTMENT OF GENERAL SURGERY
GMC BARAMULLA

DATE: 05/02/2026

NO: GMC/BLA/GS/2026/119-22

COPY TO:

1. Principal GMC Baramulla for info.
2. Medical superintendent for info.
3. CMO For info
4. Office copy